



FOR OUR CHILDREN AND FAMILIES

## FOCAF Weekly Routine + School Planner

*A printable week-at-a-glance planner for routines, school, childcare, activities, transportation, and steadier family handoffs.*

### What this packet is for

Use one sheet per week. Keep the plan visible so children, caregivers, and adults supporting them can see what is happening without searching through messages.

## Start here

<input type="checkbox"/>	Write the child's name, the week, and the adults who need this plan.
<input type="checkbox"/>	Fill in only what is known now. Leave room to update.
<input type="checkbox"/>	Use the school / care notes area for the details that are easy to forget under stress.
<input type="checkbox"/>	If a week changes midstream, mark the update date instead of rewriting the whole page.

## Weekly routine planner

Child / children		Week of	
Main adults using this page		Update date	
Day	Morning	School / daytime	Evening
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			



## School, care, and transportation notes

Area	Important note	Done / checked
School attendance		<input type="checkbox"/>
Homework / reading		<input type="checkbox"/>
Childcare		<input type="checkbox"/>
Activities		<input type="checkbox"/>
Transportation		<input type="checkbox"/>
Meals / supplies		<input type="checkbox"/>
Sleep / routine		<input type="checkbox"/>
Next week prep		<input type="checkbox"/>

### What helped this week / what needs adjustment next week

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