



FOR OUR CHILDREN AND FAMILIES

FOCAF Complete Family Binder Edition

A single printable binder that brings the strongest family-help packets together in one calm, child-centered place.

What this binder is for

Use it when papers are scattered, the next official step is unclear, or family logistics keep getting lost. You do not need to use every section. Start with one packet and one next step.

This binder is for organization, planning, communication, and steadier family follow-through. It is not legal advice.

What is inside

This edition includes the strongest FOCAF family-help packets in one print-ready order. Divider pages come before each major section so families can print the whole binder or only the parts they need.

Section or packet	What it helps with	Pages
Start Here divider	Opens the binder and marks the calm-entry packet.	6
Family Practical Pack	A calmer first packet when everything feels scattered.	7-12
Prepare + Organize divider	Marks the family-file section.	13
Prepare + Organize Family File	Names, dates, notices, timeline notes, questions, next actions.	14-18
Court Week + Day-Of divider	Marks the hearing-week section.	19
Court Week + Day-Of Packet	Arrival plan, papers, what to bring, calmer day-of follow-through.	20-24
After the Hearing divider	Marks the follow-up section.	25
After the Hearing + Next 7 Days	Orders, updates, notices, appointments, follow-up tasks.	26-29
Child Well-Being divider	Marks the child-centered note section.	30
Child Well-Being Organizer + Quick Guide	Routine, school, health, transitions, notes, patterns, support framing.	31-37 + 38-42
Communication + Care divider	Marks the family working-pages section.	43
Transitions + Communication / School + Care / Appointments + Medication	Day-to-day family working pages.	44-48, 49-51, 52-54
Housing + Help divider	Marks crisis and practical	55



FOR OUR CHILDREN & FAMILIES COMPLETE FAMILY BINDER EDITION

	support pages.	
Housing Stability + Maine Help Contacts	Housing documents, first calls, crisis lines, support doors.	56-60 + 61-63
Official Doors divider	Marks Maine official/legal-help pages.	64
Maine Legal Help + Official Doors	The right Maine office, form page, legal-help door, or next appointment note.	65-68

Note: each included packet keeps its own internal page numbers and cover pages. This makes it easier to print single packets later without losing context.



Choose one section first

You do not need the whole binder today. Pick the section that matches the immediate problem, then stop once you have the next step written down.

If this is the problem	Open this section first	Pages
I need one calm place to start.	Start Here / Family Practical Pack	6 + 7-12
The papers are everywhere.	Prepare + Organize	13 + 14-18
A hearing, review, clinic, or conference is coming.	Court Week + Day-Of	19 + 20-24
The hearing just happened.	After the Hearing	25 + 26-29
I need child-centered notes, not a case pile.	Child Well-Being	30 + 31-37
Transitions, school, messages, or appointments are drifting.	Communication + Care	43 + 52-54
Housing, crisis contacts, or help numbers matter first.	Housing + Help	55 + 61-63
I need the right Maine office or legal-help door.	Official Doors	64 + 65-68

Print-light suggestion

- Print only the section you need first.
- Put current orders, notices, and school papers in front of that section.
- Write the next date, deadline, or appointment on the first page you print.



Set this binder up in ten minutes

Use this page as a calm setup sheet before you start filling in the packets.

Today's date: _____

Child or family name to put on the cover: _____

Next hearing, meeting, or deadline I know about: _____

School, provider, clinic, or office I may need to contact first: _____

The one packet I am starting with today: _____

Keep near the front

- Current orders or notices you need to look at often
- A short timeline page with the last few important dates
- School contact details and the next provider appointment
- Any paper you keep re-looking for

Keep the goal small

The goal is not to build a perfect binder. The goal is to make the next school call, provider follow-up, court week, or family transition less chaotic than it was yesterday.