

CHILD SUPPORT CIRCLE SHEET

For Our Children and Families - practical public-use support for moments when families need calmer next steps. Not legal advice. Start with safety first.

Public-use family support tool

Purpose

Use this sheet to keep the child's ordinary support circle in one calm place: school contacts, childcare, medical or therapy providers, relatives helping with logistics, and the people who need the same practical update during a hard week.

Keep this centered on child well-being.

This is not a conflict log. It is a quick parent-use page to help keep the child's week from falling apart when school, appointments, handoffs, or support needs are moving fast.

1. Child basics for the week

Child name:

Week of:

Main routine pressure this week:

Main support need this week:

2. School or childcare contacts

Main school or childcare contact:

Role:

Phone:

Email:

Best use:

Backup school or childcare contact:

Role:

Phone:

Email:

Best use:

3. Medical, therapy, or care-team contacts

Provider:

Role:

Phone:

Email:

Next appointment or callback:

Provider:

Role:

Phone:

Email:

Next appointment or callback:

4. Family or trusted support contacts

Person:

Relationship:

Phone:

Can help with:

Person:

Relationship:

Phone:

Can help with:

5. This week's practical message list

Who needs an update first:

What do they need to know:

What is the next step:

Who needs an update second:

What do they need to know:

What is the next step:

6. Child-impact notes

What change may affect the child this week:

What support would make the week steadier:

What must not be forgotten:

Use notes

- Keep this short enough to use on a phone.
- Update it when school, provider, or pickup details change.
- Pair it with the routine tracker, school + care team sheet, communication log, or message starters when needed.
- Start with safety and official help first if the situation is urgent.

Public information only. Not legal advice.