

# CHILD NEEDS SNAPSHOT

For Our Children and Families - practical public-use support for moments when families need calmer next steps. Not legal advice. Start with safety first.

## Purpose:

Use this one-page snapshot to keep the child's immediate needs visible when the week is crowded, plans are changing, or several adults need the same basic picture.

## Who this is for:

Parents, caregivers, helpers, and trusted adults trying to keep routines, school, care, and communication from scattering in different places.

## THIS WEEK AT A GLANCE

- Child name:
- Week of:
- Main need this week:
- Biggest stress point this week:
- Most important steadying routine:

## SAFETY + WELL-BEING CHECK

- Any urgent safety issue this week?
- Any emotional or behavioral concern that needs closer attention?
- Any sleep, appetite, health, or medication issue?
- Any school or attendance concern?
- Any provider or therapy follow-up needed?

## SCHOOL + CARE

- School / program:
- Teacher or main contact:
- Childcare / aftercare:
- Pickup or transportation notes:
- Activity or event notes:

## APPOINTMENTS + FOLLOW-UP

- Medical:
- Counseling / therapy:
- School meeting or callback:
- Forms, signatures, or supplies needed:

## TRANSITIONS + HANDOFFS

- Next exchange or handoff:
- What needs to travel with the child:
- What should be confirmed in advance:
- Backup plan if the handoff changes:

## COMMUNICATION THIS WEEK

- Who needs the next message first:
- What they need to know in one sentence:
- What the child-impact point is:
- What can stay out of the message:

## SUPPORT CIRCLE

- Trusted adult who can help first:
- School / provider contact to keep close:
- Backup pickup / transportation help:
- Other support this week:

## END-OF-WEEK RESET

- What helped the child most this week:
- What created the most pressure:
- What should stay the same next week:
- What needs a cleaner plan next week:

Public-use family help document.

General information only. Not legal advice.